

How bad is my Acid Reflux? - Calculate your GERD Score today

## GERD-HRQL Questionnaire

If you have heartburn or GERD, or take medications for those conditions, complete the GERD-HRQL (Health Related Quality of Life) questionnaire, print a copy with your answers and consult with a health care provider.

Scale:

0 = No Symptoms

1 = Symptoms noticeable, but not bothersome

2 = Symptoms noticeable and bothersome, but not every day

3 = Symptoms bothersome every day

4 = Symptoms affect daily activities

5 = Symptoms are incapacitating, unable to do daily activities

1. How bad is your heartburn?

0 1 2 3 4 5

2. Heartburn when lying down?

0 1 2 3 4 5

3. Heartburn when standing up?

0 1 2 3 4 5

4. Heartburn after meals?

0 1 2 3 4 5

5. Does heartburn change your diet?

0 1 2 3 4 5

6. Does heartburn wake you from sleep?

0 1 2 3 4 5

7. Do you have difficulty swallowing?

0 1 2 3 4 5

8. Do you have pain with swallowing?

0 1 2 3 4 5

9. Do you have bloating or gassy feelings?

0 1 2 3 4 5

10. If you take medications, does this affect your daily life?

0 1 2 3 4 5

11. How satisfied are you with your present condition?

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12. Are you currently taking any medications for heartburn or GERD? Yes No

Please select any of the medications you have taken in the past or are currently taking:

Nexium	Zegerid
Prilosec	Kapidex
Prevacid	Dexilant
Aciphex	Vimovo
Protonix	

Your Zip Code:

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