

Preoperative Instructions

ARRIVAL: Date: _____ Time: _____

Our Mission

Our mission is to better the lives of those we touch.
Our foundation is exceptional service, personalized care, and cutting-edge treatments.
We work hard to continuously improve our accessibility, service, and quality. We strive to
build lifelong relationships with our patients and referring providers.

DO NOT:

- Do **NOT** eat or drink anything after midnight the night before surgery.
- Do **NOT** chew gum, eat hard candy, or smoke the morning of surgery.
- Do **NOT** take any oral diabetes medications the day of surgery (Metformin, Glipizide, etc).
- Do **NOT** take your insulin the day of surgery.
- Do **NOT** wear cosmetics, eye make-up, lotions, fragrances, or jewelry.
- Do **NOT** bring any valuables, leave them at home.
- Do **NOT** wear jewelry or body piercings; remove all body piercings prior to your arrival.
- Do **NOT** wear contacts; bring glasses and/or your contact lens solution and case.
- Do **NOT** drive for 24 hours following procedure.

DO:

- Arrange to have a driver remain at the surgery center the day of procedure.
- Bring insurance card, photo ID, and payment.
- Take daily medicines, unless otherwise instructed, the morning of procedure with a sip of water.
- Use any inhalers or nebulizers for lung disease (asthma, COPD, emphysema) prior to procedure and bring inhalers.
- For diabetic patients, take ½ your normal dose of **evening** insulin the night before surgery.
- Follow specific instructions regarding Plavix, Coumadin, Lovenox or any other blood thinners.
- Make arrangements for children; no children are allowed to remain unattended.
- Check your messages the evening before your surgery for any changes to your arrival time.

A nurse will call one week prior to the procedure to review health history and answer any questions.

Thank you for choosing GEORGIA SURGICARE!
